



SENSORY INTEGRATION
OCCUPATIONAL THERAPY

Sensory Integration
Occupational Therapy
Information for parents
and carers



Sensory Integration Occupational Therapy supports children and young people to understand and manage their sensory needs so they can engage more confidently in everyday life.

Sensory differences can affect regulation, attention, behaviour and participation at home, school and in the community.

What is Sensory Integration Occupational Therapy?

Sensory Integration Occupational Therapy helps children and young people to understand and manage their sensory needs, supporting greater confidence in everyday life.

Sensory differences can affect regulation, attention, behaviour and participation at home, school and in the community.

The service helps identify how a child or young person processes sensory information such as movement, sound, touch or balance, and how this impacts daily functioning.

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Support is tailored to each child or young person's individual sensory profile, with practical strategies that can be built into everyday routines and shaped around what works best for the child and their family.

Working with families and schools

Support may take place at home, in school, or across both environments.

Families are actively involved, with guidance and strategies shared to promote consistency across settings. Where appropriate, work links closely with schools and other professionals so everyone is working together, professionals to ensure a joined-up approach.

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Our approach reduces the time children spend without educational support and professional involvement. We work collaboratively with the child, family and other key people to identify a way forward, and to facilitate re-engagement for the child.