



EDUCATIONAL, PSYCHOLOGICAL AND
THERAPEUTIC SUPPORT FOR CHILDREN,
FAMILIES AND SCHOOLS





*engage, regulate
and thrive*

ABOUT AROA

Helping young people engage, regulate and thrive.

Aroa supports children and young people to reach their potential emotionally, socially and academically.

Our multidisciplinary team brings together Educational Psychologists, Sensory Integration Occupational Therapy and specialist therapeutic and mentoring support. We work with schools, families and local authorities across the UK, providing practical, person-centred input that leads to meaningful and sustainable change.



OUR ETHOS

Every piece of work starts with listening.

We take time to understand the child, their family and the professionals around them. Our approach is collaborative, strengths focused and grounded in evidence. We aim to build confidence and capability across the whole system, shaping support that is both meaningful and manageable.

Aroa adapts to the needs of each setting, offering thoughtful and informed support for everyday challenges and longer-term planning.



EDUCATIONAL
PSYCHOLOGY SERVICES LTD



EDUCATIONAL PSYCHOLOGY

Flexible, thoughtful and grounded in evidence.

Aroa's Educational Psychologists support schools, families and local authorities to understand need, plan effectively and embed inclusive practice. We understand the pressures around assessment, planning and accountability, and tailor our work to the context of each setting.

understanding you

How we support

- ✓ Leadership consultations and strategy development
- ✓ Whole class observations and staff consultation
- ✓ Learning space development and sensory audits
- ✓ Research and progress tracking
- ✓ Policy development for EBSA, social interaction and early years
- ✓ Staff supervision and consultation
- ✓ Targeted and whole school training
- ✓ Transition planning and inclusion strategy
- ✓ Individual assessments and EHCP reports





SENSORY INTEGRATION
OCCUPATIONAL THERAPY



SENSORY INTEGRATION OCCUPATIONAL THERAPY (SIOT)

Supporting regulation, confidence and readiness to learn.

Aroa's Sensory Integration Occupational Therapy service helps children understand and manage their sensory needs so they can engage more confidently at home and in school.

Our work combines specialist assessment with practical, everyday strategies that support emotional wellbeing, independence and meaningful participation.

How we support in schools

We work with SENCOs, teachers and leaders to identify sensory needs and create environments where children feel calm, included and ready to learn.

Support may include sensory assessments, observations, consultation and the development of tailored sensory strategies. We also advise on classroom layout, sensory spaces and whole school routines that reduce dysregulation and support focus.

Where appropriate, we offer direct therapy, small group work and staff training.

Balancing you

How we support at home

For families, SIOT provides clear and accessible guidance structured around everyday routines.

This includes sensory profile assessments, parent consultations, environmental recommendations and personalised sensory support plans. Direct therapy at home focuses on regulation, fine motor skills, motor planning and play based learning.

Our focus

We work collaboratively with families, schools and professionals to ensure sensory strategies are consistent, sustainable and centred on the child's strengths and sensory profile.



SPECIALIST THERAPEUTIC
EDUCATION TEAM (STET)^{LTD}



SPECIALIST THERAPEUTIC EDUCATION TEAM (STET)

Specialist support for children who cannot access school.

Aroa STET provides bespoke education and therapeutic mentoring for children and young people who are unable to attend school or who receive education otherwise than in school or college (EOTIS/C).

The service aims to reduce the time children spend without meaningful provision and to offer a safe, structured route back into learning.

Aroa STET brings together SEND mentors, consultant mentors and Educational Psychologists. Our SEND trained, experienced mentors work with children at home and in the community, building trust, routine and confidence before gradually introducing more formal learning.

championing you

Programmes are shaped around the child's interests, strengths and needs, with EHCP targets embedded within day to day activities. All mentoring is overseen by a STET consultant and an Educational Psychologist who coordinate the plan, ensuring the support is coherent rather than separate.

The team contributes to meetings, reviews and reports, working closely with schools and local authorities so families and professionals experience clear communication and joined up working.

The aim is to help children and young people re engage with their style of learning at a pace that feels manageable, while giving families and settings regular feedback and a partner they can rely on.



AROA SERVICES WITHIN THE CHC PROCESS

Specialist assessment and support for children with complex needs.

Aroa provides comprehensive assessment and therapeutic input throughout the Continuing Healthcare process. Each child receives an individualised offer that includes direct work, observations and professional analysis linked to the Decision Support Tool, creating a clear picture of need from a health focused perspective.

What we provide

- ✓ Therapy led observations and assessments aligned with the DST
- ✓ A detailed CHC evidence report with clear recommendations
- ✓ Clinical examples illustrating presentation and need
- ✓ Attendance at CHC pre assessment and assessment meetings
- ✓ Ongoing professional input throughout the pathway

Our multidisciplinary team includes

- ✓ Educational Psychologists
- ✓ A Specialist Occupational Therapist and Practitioner in Sensory Integration
- ✓ A specialist SEND teacher and neurodiversity specialist

Why CHC matters

CHC funding recognises that a child has a primary health need and requires consistent specialist support. It ensures access to therapeutic input with regular review, helping children receive the level of care they need as their needs develop.



AROA

TRAINING FEDERATION



AROA TRAINING FEDERATION

Professional learning for support staff working directly with children and young people.

Launching soon, the Aroa Training Federation will offer workshops and an online training portal for Teaching Assistants (TAs) and Learning Support Assistants (LSAs). Training is shaped by our multidisciplinary team specifically for support staff working directly with children and young people.

Contact

We are here to help.

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STET

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Part of the Aroa group

